Squash For Beginners: Squash Basics

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Squash is a popular racquet sport, which is played in an indoor court. This sport has evolved in isolation from its counterparts, which share some inherent similarities to sports like racquetball. The primary objective of this sport, both in the singles and the doubles form of the game, is to strike the ball, with a racquet, off the walled court. The shot must be played in such a way that the ball bounces off the floor exactly twice before it reaches the other player for a shot.

Above you read the first sentences of Squash For Beginners. Squash For Beginners is a kindle book for those who want to learn the basics of squash. It covers a lot of basic topics including rules of the squash to tips on how to play better. Download & Try it! Do not forget to leave your comments below as well, so that together we can make it better.

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Squash Glossary

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