Squash Basics - How To Play Squash
Synopsis
Squash Basics: How to Play Squash is a simple and easy-to-read book in which you’ll discover top tips and practical advice to learn all about squash including:... Why Play Squash? What to Look For in a Racquet Buying the Right Shoes Buying Tips for Squash Goggle The Importance of Strings Grips - What You Need to Know How to Play The Length of a Squash Game Key Strategies Keep Your Eyes on the Ball Squash Doubles: Creating a Winning Partnership

Book Information
Paperback: 78 pages
Publisher: CreateSpace Independent Publishing Platform (August 15, 2012)
Language: English
ISBN-10: 1475229518
Product Dimensions: 5 x 0.2 x 8 inches
Shipping Weight: 4.8 ounces (View shipping rates and policies)
Average Customer Review: 1.0 out of 5 stars — See all reviews (1 customer review)
Best Sellers Rank: #1,653,467 in Books (See Top 100 in Books) #32 in Books > Sports & Outdoors > Racket Sports > Squash

Customer Reviews
I was disappointed with the lack of advice on strategy and tactics. Advice on racquets and shoes took up too much of the book, and does in many books on various sports. After reading the book I felt that I had been left hanging and that the book had ended prematurely without giving me useful advice to continue with my recent entry into this sport.

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